How can Tele-Health help your patients with Chronic Heart Failure?

With the Tele-Health in-home monitoring system, your patients can take a more active role in managing their health while staying in touch with their healthcare providers. Using the wireless devices provided, your patients answer questions about their health and measure their vital signs. A nurse monitors this information on a daily basis, and, if needed, additional medical care can be requested sooner with the hopes of preventing an unnecessary hospitalization.

Patients with chronic heart failure may need to make some adjustments in their lifestyle to stay healthy. It is important for them to follow your instructions on eating a healthy diet, getting the proper amount of exercise, and taking their medications. Most patients also want to feel as though they have some control over their health. By using the Tele-Health monitoring system at home, your patients will be able to monitor their vital signs each day and report any changes in their symptoms to a nurse at Covenant Home Care. This information can identify if any changes in care are needed prior to a regularly scheduled doctor’s visit.

Tele-Health supplements health care by closely monitoring patients with chronic heart failure.

How Tele-Health Works
The Covenant Home Care team will set up the wireless devices needed in your patient’s home so that they can take their own blood pressure, oxygen levels, pulse and weight, and respond to personalized, clinician-directed surveys using the TeleStation. This device enables a secure two-way flow of information between remote caregivers and your patients. A nurse views patient data, can customize health surveys and use
decision-support tools that support effective chronic care management. Patients with out-of-range vital sign readings can be prioritized for clinical intervention sooner, which may prevent an unnecessary hospitalization.

Care plans and protocols can also be customized to provide step-by-step guidelines for effective monitoring of your patients. The software stores and organizes patient data for later review, as well as important contact information, including family members, primary care physician and specialist, to facilitate a rapid response. The Tele-Health system provides a secure web-based connection, which ensures patient confidentiality; and access to information is password-protected.

**Teaming with Covenant Home Care:**

- Identify high risk patients and intervene earlier
- Customize care protocols and survey questions to better manage your patients with chronic heart failure
- Reduce unnecessary hospitalizations
- Shorten length of stay when hospitalization is necessary
- Enables patients to take an active role in managing their health
- Easy to use and provides for two-way communication between patient and nurse
- Provides peace of mind to patients and their families.